

Executive Committee

Sahab Singh (Margdarshak) : Full time social worker working for upliftment of society. He spends most of his time and energy on Eradication of Dowry and Ecological Imbalance. This initiative is his brain child.

Praveen Narang (President) : Driving force of this initiative. His 11 years of rich experience after his Business Administration education made him a good speaker and inspirator. Inspires people, helping them to realize their true potential. Recipient of **Leadership Excellence in Neighborhood Development award in Washington**. He has conducted various personality development sessions.

Sandeep Ahuja (Vice-President): He has organized various camps such as Eye Check up Camp, Blood Donation Camp and is always ready to spare time for any social cause.

Bhushan Thakkar (Vice President) : Social Worker

Sanjay Singh (General Secretary): Teacher by profession and teaches Math's to children who are preparing for their IPS, IAS examinations. He spends most of his time with children educating them.

Ajay Khanna	Treasurer	Rajesh Datta	Co-ordinator
Vijay Sharma	Secretary	(Eye-care & Eye Donation)	
Jitender Singh	Jt. Secretary	Rajeev Agrawal	Member
Rajesh Kumar	Jt. Secretary	Rajesh Kumar Raj	Member
Harish Agrawal	Jt. Secretary	Raman Khan	Member
Virender Singh Jaryal	Advisor	S. P. Gupta	Member
Dr. Navdeep Joshi	Member	S. P. Jaiswal	Member
Hariom Gupta	Member	Shyam Gogia	Member
Kamal Wason	Member	Sanjay Sharma	Member
Kiranpal Singh Tyagi	Member	Umesh Kumar	Member
Kriti Wadhera	Member	Virender Sharma	Member
Pradeep Jain	Member	Vishal Arora	Member

Faculty

- Mr. Praveen Narang - PGDBA, PDCS
- Dr. Ravinder Kumar - Reader - Delhi University
- Dr. Ramji Dube - Reader - Delhi University
- Mr. Shiv Dutt - Yoga Guru
- Dr. S.M. Taneja - Director, Taneja Hospital
- Mr. Sahab Singh - Social Worker
- Mrs. Rajshree Ahuja - M.A. in Journalism
- Mrs. Archana Singh - M.Sc. Botany
- Ms. Hema Baweja - Ll.B.
- Mrs. Deepa Narang - B.Sc., Ll.B.
- Mr. Praveen Kapoor - B.Sc.
- Mr. Sanjay Singh - M.Sc. Math's
- Dr. Navdeep Joshi - Naturopath
- Mrs. Vidushi Sharma -
- Maj. Gen. Tripathi
- Dr. V. P. Singh
- Dr. Ravi Malik
- Dr. V. K. Monga

Patrons

Gyan Chand Gupta	Narendra Chawla	N. K. Garg
Dr. V. P. Singh	Sh. Sitaram Kapor	Sh. Yash Chabra
Sh. Bharat Bhushan	Sh. Praveen Jain	Sh. O. P. Sharma
Sh. B. L. Bajaj	Dr. Mahesh Sharma	Sh. Rajiv Sawhney

*This is not the end... Its just a beginning because a step towards mankind is a step towards God... So step ahead
We are there with you.... for you... always...*

COURTSEY



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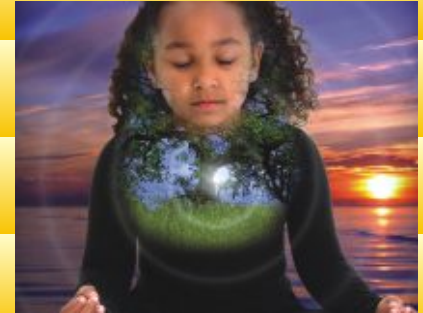
GUIDANCE

Pragati Pathik

REGISTERED
N.G.O.

Society dedicated to Person development via Personality Development.

- Heightened Enthusiasm
- Improved Efficiency & Productivity
- Clarity of Mind
- Communicate Effectively
- Lead successfully



WORKSHOPS

Holistic Tourism Workshops

Workshops for Children



REGD. OFFICE

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Visit us at : www.pragatipathik.org and www.dekho-re.org



Our Vision

To cultivate & motivate individuals to spread positive energies by recognizing the power of **passion & purpose**.

Mission

Pragati Pathik has 3 approaches to reach the above. The first is to prepare individuals to be successful in whatever they do. Second is to connect them to their inner core so that they can discover their true purpose on earth, thus realizing the joy of being perfect human being. And last but not the least to reinstate the glory of our mother land through our continued efforts.

Everyone is unique and has been assigned a specific role to play in this creation. Pragati Pathik will inspire individuals to realize the role that they have to play by inspiring them to follow their dreams.

Events

More than 1750 individuals, 30 institutions including school, colleges & organisations have benefitted from our workshops. Subjects ranging from Team building, achieving success, motivation, positive thinking. Making Smart Goals, How to become extrovert optimist etc. have been tailor made according to requirement. Some of the institutions benefitted are **SCHOOLS** : Tagore Public School (Jheel), Sevadhaam (Mandoli), Khalsa School (B.K. Dutt Colony), Geeta Bal Bharti School (Rajgarh), Gyandeep Society (Mandawali), Govt. School (Vivek Vihar), Pratibha Vikas Vidyalaya (AGCR Enclave), Navyug School (Laxmi Bai Nagar), St. Viveknand School (Anand Vihar). **COLLEGES** : DIET (Moti Bagh), JSS Academy (Noida), Pearl Fashion Design College. **ORGANISATIONS** : T. R. Sawhney Motors - Rohini, New Kapoor Jewellers - Krishna Nagar, Saifico Hill Crescent (5 Star Hotel)-Srinagar, CAMS - Pune, Singh Nursing Home - Vivek Vihar, KW Stone Experts - Commonwealth games Village Project, Sherpa Shoes - Kathmandu, Nair Confectioneries - Bangalore, N. K. Garg Tax Consultants - Jagatpuri, BSA Logistics - Mumbai and many more

Workshops

Among others Pragati Pathik offers following workshops :

Days	Hours	Programme
One	1 hour	Workshop on what success is
One	3 hours	Workshop on various aspects of personality development
Three	9 hours (3 hrs. daily)	Meditation, acquiring group discussion skills, ways to success.
Three	9 hours (3 hrs. daily)	Workshop for children. Practical tools for dealing with negative emotions, building confidence, stretching exercises, problem solving strategies, social skill development.
Five	Full Time	Improve physical & mental health in open environment amongst mother nature thru Yoga, meditation, Games, Sangeet, interative sessions related to personality development.

Other Activities

We organise social awareness programs from time to time like Eye Donation (Visit dekho.org), Blood donation, Heart Care, Motivation for Voting, Youth Awareness Programs, etc.. We also celebrate festivals to showcase true meaning of Hindustani Festivals like Holi, Teacher's Day, Vikrami Samvat every year.

Donation/ Membership

Program Date : Date :

Name :

Address :

Phone : (R) (M)

E-mail :

Class/ Occupation :

Age : Male Female

Do you believe in Karma Destiny

Language preferred : Hobby :

Morning Evening

Course that I would like to attend :

- 1 hour Workshop
- 3 hours Workshop
- 9 hours Workshop spread over 3 days
- Workshop for Children
- Holistic Tourism Workshop

Donations to the society are exempt from tax u/s 80G